

“Embracing Truth” (Ps. 119:25-32)

1. Clinging to Truth (25-27)

a. Seeking Revelation in Depression (25-26)

- i. Soul clings to the dust. When we are desperately burdened, we look to God. In fact, it is when we acknowledge God’s truth that we are aware and concerned about how we naturally cling to the earth and end in the grave. Such is the acknowledgment of the redeemed. Only those who have been given life “revive/quicken” and “lifted up/strengthened” (28) can see their proneness to cling to that which destroys. It is the saved soul who is burdened with the realization of being clung to this world.
- ii. One must come to the realization that he is stuck in the mud of moral depravity and powerless to free himself.
- iii. Life is found in the life Giver. Jn. 10:10.
- iv. V. 26. When we meditate on the Word, it has already examined us and urges us to self-examination.

b. Pondering Revelation in Depression (27)

- i. While many seek to examine the Bible and critique it, we must examine it to find what it has said about us and what it says about the Creator.
- ii. Having embraced revelation, he petitions for more knowledge of God’s precepts that he might not sin unwittingly. Now that is spiritual maturity – searching the Scripture to find precepts which please God!
- iii. What better time to use to get the Word of God into you?
- iv. How assuring it is to muse on God’s wonderful works found in His Word.

2. Committed to Truth (28-32)

a. Looking to Redemption in Sorrow (28)

- i. When his soul was dripping/weeping in sleepless sorrow, the psalmist would not let himself be hardened by impenitence
- ii. He asked for life (25) and now ... for ascension! Both requests acknowledge the remedy is only found in the “Word.”

b. Fleeing the Source of Sorrow (29)

- i. We must keep ourselves from being deceived even about ourselves.
- ii. “Falsehood” i.e. lies, deceit, perversions recoil against conscience and revelation.
- iii. Truth “teaching” is the remedy of falsehood and “grace” is the goodness of the conscience and revelation which convicts. →

c. Committed to the Source of Truth (30-32)

i. V. 30

1. A determined choice – resolve.
2. Again, the “judgments” of God are true and have already examined us and stand as the plumb line of purity.
3. What have you “chosen” as your source of “priorities,” peace, purpose?
4. This is the attitude of ‘whatever I find in Your Word, I will do.’
5. True prosperity will be found even in sorrow when we cling to God’s revelation. It is our fallen nature which clings to that which destroys us. Clinging to the self-medications, idols, addictions which promise remedy – truly cannot help us. Clinging to the truth and salvation of God’s Word will deliver us even in times of depression, guilt, sorrow, and loss!

- ii. V. 31 Reiteration of determination w/ a plea of assurance.

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iii. V. 32

1. After resolving to cling/commit to God’s revelation, he proceeds to “run” the way of God’s commandments.
2. One can only run with direction, purpose, and efficacy when she knows the destination, is equipped, and unhindered.
3. Contrary to the claustrophobic sorrow of confinement and reclusion, a “broadened” heart is open and free to run.
4. The unexamined life which has not embraced the truth spirals into debilitating, restricting confinement. But the examined life which has clung to the truth has been liberated unto peace, purpose, perseverance, preservation, and prosperity.

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In the beginning of this fourth octonary, we see the psalmist’s acknowledgment of clinging to the dust (v. 25). At the end he has determined to cling to the testimonies of God (v. 31). Our fallen nature has us stuck in the mud and headed six feet under it; but the new nature provided by God’s Spirit and Word enables us to burst forth (v. 32) with life (vv. 25, 28) into an expansion of freedom (v. 32). Salvation is found only in the Word of God. Let it examine you so that you can declare your ways (v. 26) and your utter dependence upon the Word. For it is the Word who cleanses us from our ways and breaks the bondage of sin’s chains when we cling to Him.